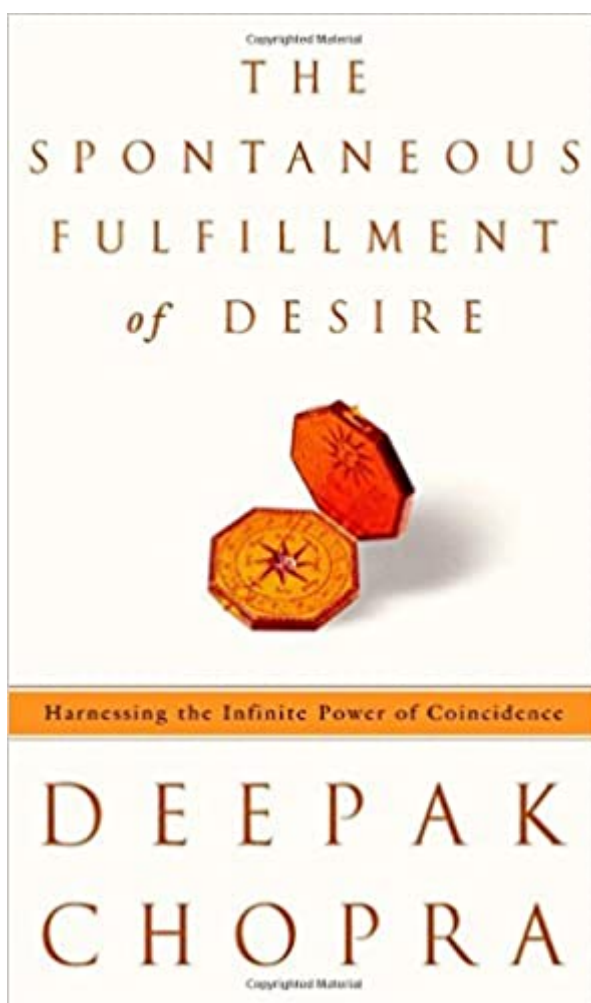


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# The Spontaneous Fulfillment Of Desire: Harnessing The Infinite Power Of Coincidence



## Synopsis

As elegant as his bestselling *How to Know God* and as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come.

“Coincidences” can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

## Book Information

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## Customer Reviews

Devotees of the bestselling author (*The Seven Spiritual Laws of Success*), who founded the Chopra Center for Well-Being, will welcome his latest ideas on how to live a more fulfilling life. He employs his familiar combination of scientific theory and new age mysticism to present this guide to harnessing what he calls synchro-destiny. According to Chopra, an important level of human

existence consists of the nonlocal or spiritual domain. Drawing on the example of physics's unpredictable quantum leap, when an electron unpredictably jumps from one orbit to another, he maintains that our own lives too are unpredictable, that it is impossible to know what direction life will take. However, such randomness in the universe is actually interconnected. Unpredictable coincidences are, the author maintains, important messages that can be used to achieve one's true destiny. This process of synchro-destiny consists of connecting the individual soul to the universal soul through a number of mental exercises, provided here. Although Chopra's theories are expressed in a confusing and repetitive manner, the techniques he advocates may prove interesting to those who enjoy his humanistic, if convoluted, approach to self-help. Among the seven principles for achieving synchro-destiny are the daily practice of meditation, a continued focus on one's deepest desires and the acknowledgment of emotional pain. Copyright 2003 Reed Business Information, Inc.

Chopra is at it again, finding yet another way to share his mystical knowledge by helping us get to know ourselves better, or live fuller lives, or learn how to forgive some childhood slight, or rewrite our destinies, or explore the mystical realms that dwell within us. In this book, Chopra focuses on the coincidences that occur in our lives. Using a rather complicated assemblage of scientific-sounding information, combined with vintage Chopra-isms, the author teaches that coincidences are messages, clues about our lives that we need to follow more closely. He claims that if you live your life with a better appreciation of coincidences and become sensitive to the underlying meaning of these events, you will achieve the spontaneous fulfillment of your deepest desires. Per usual, the book includes exercises and steps to lead you along the way to the promised conclusion, a happier and more fulfilling life. Chopra has established a name for himself in the self-help genre, so librarians might want to be sure they have a copy. Kathleen Hughes Copyright © American Library Association. All rights reserved

Amazing read. Feels like being pulled along a magical journey. Pushes way inside to show you your connection to life and the universe. Being part of the soup is so much more fulfilling than standing within oneself watching it cook.

This is my first D. Chopra book. I am literally astounded. This information has opened an entire new world to me, a new way of living that is exciting, easier, and mysterious but in a fulfilling way. I connected with it immediately, but do need to read some sections more than once. Each reading

feels like a new discovery. Thank you Dr. Chopra for helping me to peel back my layers of disbelief to get to the juicy center--which is PURE Love.

I love this book. I reread or listen to it at least once a year. The messages are life changing and if you make it part of you, you will see and experience amazing changes and miracles in your own life. Open your heart to the message and live the information given here. It is the secret of the Universe. The messages in the coincidences of our lives will lead us where we need to be. There are no accidents. Flow on the current of life and let the Universe guide you gently. If you open your heart to the guidance, amazing things will happen.

I love the way Dr. Chopra writes. Clear, understandable even with the heavy stuff he presents. And, I have to tell you, if you understand what the premise is and follow the ways of "unlimited potential" you just cannot believe the miracles that occur. What you focus on is what you get....so focus on the coincidences that bring good things and just watch them grow! I especially like combining this book with the small book *The Seven Spiritual Laws of Success* - powerful life changes.

This book answers a lot of the questions and open issues that make a more complete understanding of how things work. For example the importance of quantum mechanics and its influence on how things work. It gives satisfying explanations that are helpful in meditation practices. Dr. Chopra gives detailed recommendations of meditation practices, the use and explanation of mantras. What they mean and how they work, It provides supportive ideas for those that like Eckhart Tolle

I revisit this book frequently. It teaches me to let things go and participate actively in my life. Love Chopra!!! Love this book.

This is the first Deepak Chopra book that I read. It is such a great book that I could hardly put it down. I was saddened when I read the last chapter. It has truly changed my life in that I am becoming more aware of coincidences and opportunities that are there for me. It has also helped me to see and appreciate the benefits and advantages of meditation. This is a must read for people who are looking for ways in which to develop awareness of incidents and coincidences that present themselves in life. Also to realize the importance of intention which leads to shaping your destiny. Very enlightening!

I adore this book. It was the impetus behind me starting a regular meditation practice. I purchased several other copies so that i could hand them out to friends when the book came up in conversation. I love that Chopra first explains some of the science and reasoning in synchronicity before he goes through the spiritual aspect and provides you with exercises and guidance for meditation.

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